



Small Lap in BLUE A,B,C,F,G.

Large Lap in BLUE & ORANGE A,B,C,D,E,F,G.

NYSD CROSS COUNTRY SUMMERHILL, HARTLEPOOL

SUNDAY 26th November 2023 (New Date)

On reaching Hartlepool on A689, turn left at third traffic lights into Truro Drive, right at next lights into Catcote Road, Car parking is at **English Martyrs School**, Catcote Road (TS25 4HA). Refreshments (10am to 2pm), Changing & Toilets available in Summerhill Centre.

Please remove spikes and muddy shoes before entering the visitors centre.

Race times & distances

Under 11 Boys & Girls 11:00am 1.7K

U/11 Start-Small Lap-Finish

Under 13 Boys & Girls 11:15am 2.8K

U/13 Start-Large Lap-Finish

Under 15 Boys & Girls 11:30am 3.2K

Start-Large Lap-Finish

Under 17/20 Senior & Vet Women 11:45am 6.2K

+ Under 17 & Over 65 Men

Start-Large Lap x 2-Finish

Under20, Senior & Vet Men 12:30pm 8.9K

Start-Large Lap x 3-Finish

SMALL LAP A,B,C,F,G

LARGE LAP A,B,C,D,E,F,G

NO DOGS ARE ALLOWED ON THE SCHOOL FIELD. NOT EVEN ON LEADS.

PLEASE KEEP OFF THE FOOTBALL PITCHES ON THE SCHOOL FIELD

Failure to do so will result in us not being able to use the school field again, which will impact on the ability to host a race here.