



NYSD Cross country Ormesby Hall

Small lap
Large lap

Start- A B C D- Finish
Start-A B E F G H C D- Finish

NYSD Cross country Ormesby Hall, Church Lane, Ormesby, Middlesbrough, TS7 9AS
Sunday 7th January 2024.

PARKING

PLEASE NOTE PARKING AT ORMESBY HALL IS LIMITED. (UNDER NO CIRCUMSTANCES IS PARKING PERMITTED ON THE GRASS VERGES OR LAWNS IN FRONT OF THE HALL)

PARKING CAN BE FOUND ON CHURCH LANE WHICH RUNS ADJACENT TO THE GROUNDS OF ORMESBY HALL TS7 9AH.

ALTERNATIVELY, STEWARTS PARK TS7 8AR IS NEARBY.

TOILETS WILL BE AT THE HALL, THE CAFE WILL NOT BE OPEN

PLEASE NOTE

THE ROUTE HAS BEEN REVERSED FROM PREVIOUS YEARS

THE COURSE IS MAINLY WOODED PATHS AND GRASS.

IN THE WOODS PLEASE BE AWARE OF TREE ROOTS

TIME TABLE

11.00am U11 Boys & Girls 1.5k - 1 small lap, Start-A B C D-Finish

11.15am U13 Boys & Girls 3.0k - 2 small, Start-A B C D x 2-Finish

11.35am U15 Boys & Girls 3.2k - 1 large lap, Start-A B E F G H C D-Finish

12.00pm U17, S.Ladies & Over 65 men 6.4k - 2 large laps, Start-A B E F G H C D x 2- Finish

12.40pm Senior & Vet Men 9.6k - 3 large laps, Start-A B E F G H C D x 3- Finish