



Criteria for Endeavour, Runners' Runner and Most Improved runners Awards

Endeavour Award

(awarded annually by the committee)

- Paid up first claim member.
- Someone who is active in promoting and supporting the club, maybe through representing the club at races, coaching or supporting coaches at training.
- Not awarded to same person as Runner's runner.

Runners' Runner award

(annual, chosen by club members)

- Paid up first claim member.
- Someone who outwardly shines for the club. Could be for their running achievements, commitment to training, racing or volunteering. Someone who encourages and inspires.

Most Improved Runners (1 male, 1 female)

(annual, chosen by the head coach in conjunction with the time trial adjudicator)

- Paid up first claim member.
- Based on % improvement within the year.