

Thirsk 10 race report

What a brilliant day for everyone involved in the Thirsk 10-mile road running race and wheelchair race starting and finishing at Thirsk racecourse. A fantastic 531 runners and 8 wheelchair racers completed the 10-mile course and 20 young runners completed the fun run inside the race course. We are so proud as a club to be able to put on this event each year and involve so many runners and volunteers.

Prizes totalling over £1000 in value were awarded for finishing positions and age category winners. After receiving feedback, the club were pleased to extend the prizes to 4th and 5th positions for male and female runners.

The club is also very proud to report that charity donations totalling £1500 were made from the proceeds to 3 charities this year. The chosen charities were locally based Community Works, to support the drop-in facility in the town centre, Herriot Hospice Homecare, to support the inpatient hospice care at The Lambert in Thirsk, and WheelPower, a national charity supporting wheelchair users in sport.

The list of thank yous is long and includes the 55 volunteer marshals from the Thirsk & Sowerby Harriers who gave up their time to plan the event and help on the day with car parking, setting up the course, entries, baggage, communications, runner welfare, prizes, marshalling round the route, lead car, escort cyclists and vehicles and much more. The success of the event depends on these volunteers so please give them a shout out next time you run the course.

Also, thanks to Thirsk racecourse who were so helpful and accommodating, Community Traffic Management, AED medics, UK Timers and local residents / business owners for their support and understanding during road closures.

A big shout out as well to Thirsk Wombles volunteers who took advantage of the closed roads to litter pick along Newsham road! The Thirsk & Sowerby Harriers intend to fix a date to join a community litter pick during the year.

We are already planning the 2025 event and aim to build on the links with charity and community involvement so watch this space for the date and more information.

Summary of prizes:

Wheelchair athlete winners

1st Male Winner Bret Crossley

2nd Male Winner Dan Sadler

3rd Male Winner Tiaan Bosch

1st Female Winner Joanna Roberston

Female Runner Winners

1st place - Ruth Cole

2nd place – Davina Ellis

3rd place – Emma Ballantyne

4th place - Sarah Platten

5th place - Lesley Watson

Female Age Category Winners

35 – 39 years Ruth Cole

40 – 49 years Davina Ellis

50 – 59 years Lesley Watson

60 – 69 years Julie Masterman

Over 70 years Gail Tombs

Male Runner Winners

1st place – Graham Rush

2nd place – James Anderson

3rd place - Gregory Jayasuriya

4th place - Edward Hobbs

5th place - Thomas Cornthwaite

Male Age Category Winners

35 – 39 years Gregory Jayasuriya

40 – 49 years Graham Rush

50 – 59 years Alaisdair Tatham

60 – 69 years Darren West

Over 70 years Laurence Taylor

Club winners

Female club winners - Ackworth Road Runners AC

Male club winners - North Shields Poly AC

Unaffiliated Runner Prizes

Norman Smith Trophy for 1st unaffiliated female from Y07 postcode area – Rebecca O’Connell

Norman Smith Trophy for 1st unaffiliated male from Y07 postcode area – Tomi Leppanen

Rebecca and Tomi were also awarded free membership to Thirsk and Sowerby Harriers for a year.