Thirsk and Sowerby Harriers Committee Meeting

Wednesday 10th June 2026 8.15pm at Sowerby Sports Village pavilion

Minutes

<table>
<tr><td></td><td>Agenda Item</td></tr>
<tr><td>1</td><td>Present: Rob Burn (RB), Paul Chapman (PC),Gavin Coventry (GC), Rosie Gatenby (RGa), Bronwyn Mayo (BM), Trudy Morrice (TAM) (chair), (minutes) , Jody Sygrove (JS), Adrian Wood (AW), Kerri-Lee Wooding (KLW), Lucy Sillars (LS)
Apologies:. Richard Grant (RGr), Natalie Lyth (NL) , Alan Simpson (AS)</td></tr>
<tr><td>2</td><td>Minutes of April and May meetings agreed as a true record</td></tr>
<tr><td>3.</td><td>Open actions agreed at previous meetings
<table>
<tr><th></th><th>Origin</th><th>Action</th><th>Owner</th><th>Target meeting</th><th>On track / complete</th></tr>
<tr><td>3.</td><td>10/12/25
Item 4.2</td><td>PC/TAM to work with AW and coaches to incorporate additional guidance on severe weather into risk assessments</td><td>AW/PC/ TAM</td><td>Jan 26</td><td>10.05.26 -PC to update template
10.06.26 - ongoing</td></tr>
<tr><td>17</td><td>11/03/2026
Item 5</td><td>Social media review sub group actions</td><td>PC</td><td>April 2026</td><td>08 04 2026 Whatsapp actions complete, other actions ongoing
10.06.26 - just need to check access levels set correctly</td></tr>
<tr><td>18</td><td>11/03/2026
Item 5</td><td>Committee members who are willing to be responsible adults to fill in form Guidance on appropriate levels of supervision during athletics and running activities
Link to form
Club-Forms-Self-Declaration-and-</td><td>all</td><td>April 2026</td><td>08 04 2026 - one form completed other committee members to consider completing
In agenda for May to discuss
13 05 2026 Our understanding of the role and requirements of responsible adults appears</td></tr>
</table>
</td></tr>
</table>

		Disclosure-Form-1.pdf And inform NL			different to what is on EA website, RB contact Heidi Bradey at EA to clarify expectations 10.06.26 - committee members to complete the unlicensed volunteers process (as per 5.1 below)
20	11/03/2026 Item 8.6	Rationalising Policies Consider if the Online Safety and Social Media Policy and Photography and Social Media Policy can be combined Consider if the Electronic Register Policy can be incorporated into the Privacy Policy	AS TM	June 2026 August 2026	Deferred to July
22	11/03/2026	Look at alternative registration options like SI	K-LW	May 2026	08/04/26 K-LW reported on findings so far. Agreement in principle to move to booking platform format. More costings needed to finalise decision. 13 05 26 Deferred to June as KLW unable to attend 10.06.26 - KWL will do brief summary of what's involved in moving to Si entries
23	08/04/2026 Item 7.2	Review T10 RA vs possibility of allowing bone conduction headphones being mindful that	AW / T10 committee	June 2026	Reviewed by RO and consideration will be included in the risk

		the race is on some open roads			assessment review Action closed
24	08/04/2026 Item 7.4	Talk to contact about sign language and deaf awareness	RGr	June 2026	10.05.26 RGr has spoken to EMcQ and are making plans 10.06.26 - Review actions in July meeting
26	13/05/2026 Item 4	Explore with T10 committee possibility of giving age related prizes (5 Years age brackets)	TM	Sep 2026	Discussed with T10 committee and will confirm in September
27	13/05/2026 Item 5.2	Explore option for permanent TASH sign at the sports village	RB	June 2026	10.06.26 - KLW is drafting a design
28	13/05/2026 Item 4b	Develop spec for branded tent and share with RB	PC/TM	July 2026	10.06.26 - TAM/PC working on spec for tent and LS on application for grant (see 8.1c below)
29	10/06/2026 Item 8.2	TAM to share suggested wording about club kit following the meeting for comment	TAM / All	July 2026	

Members will be asked for updates ahead of the meeting – so only actions that are not on track or need support from other members should need discussing

4	Matters arising (not covered in agenda)
5	Safety and welfare 1. Unlicensed volunteers -TM and NL have reviewed the guidance. We were confusing the terms responsible adults and unlicensed volunteers. Unlicensed volunteers is how EA describes people who support leaders and coaches at training sessions. They do not need a DBS but it is recommended that they fill in the self declaration form discussed previously. TaSH committee decided to introduce unlicensed volunteers and LS, AW, KWL volunteered to complete the self-declaration.
6	Training and club social events 1. Training update - high numbers at each session which is positive but challenging for the coaching team. Speed groups working very well. Rob is putting together 5k and other distance routes from Sutton Bank to help runners with training outside club sessions. 2. Beginners Group update - We have consistently had 30+ beginners come to the sessions. T shirts to be designed and ordered for 33 beginners. End of

	course parkrun on 4th July. TaSH members are encouraged to go and support. 3. Club socials ○ Organised Saturday chat and run - first session was 6th June and attracted 10 runners. Good feedback from attendees saying they enjoyed the relaxed pace and opportunity to chat with other members. The social coffee stop afterwards also appreciated. Next date is 11th July. ○ Next social - Rob kindly offered to hold an informal training session in his garden (like last year) after the Mountain race. Awards would be announced afterwards. Pizza or other shared food subsidised by club. 4. Planning 2027 celebrations - As discussed in previous meeting, initial plan to celebrate 50 years of TaSH is to for around 3 running related events including '50k for 50 years' at Sowerby Sports Village (encouraging members and public to walk or run 1km around track on a set date), 50th virtual at Drovers road race, Mountain race. As discussed at previous meeting, committee is looking into a more formal celebration party with a 3-course meal for October 2027 near the anniversary date. GC has been gathering indicative costs and possible max numbers for the Angel at Topcliffe and Thirsk racecourse. On balance, the committee had a preference for the Angel as a venue based on numbers, indicative cost of food and drink and room hire cost.
7	Community events / TaSH club races ● Member of the month May: the committee decided unanimously on a member they wished to make the award to for May. To be announced at training. ● Community and race events: updates , ● HDSRL - number of marshals has increased since last meeting and offers to bring cakes. The committee discussed suitable donation to make to National Parks ● Sessay Swift - RO is progressing organisation and reported no additional support needed at this point. ● Cleveland Way Relays - 2 teams planned for 14 June ● NYSD XC fixture dates - no committee members were available to attend the first planning meeting on 4 June as it clashed with the first HDSRL race at Skipton. Dates are as follows but some are yet to be confirmed: ○ Dates so far from planning meeting on 4th June 2026 1. Acklam 4th Oct 2026 TBC 2. Foxrush 31st Oct 2026 (Saturday) confirmed 3. Whitby 22nd Nov 2026 confirmed 4. Summerhill 6th Dec 2026 TBC 5. Barnard Castle 10th Jan 2027 confirmed 6. Richmond 7th Feb 2027 TBC 7. Darlo relays 21st Mar 2027 confirmed ● Lift the Curfew support for Oct 2026 - Many women change their running habits during winter due to safety concerns meaning that running becomes less inclusive. This initiative calls for everyone to take responsibility for making outdoor spaces safer and more welcoming for women including changing attitudes and lobbying for better public spaces and lighting. Ultimately running after dark should be viewed as normal as running in daylight and inclusive to everyone. ○ To support the initiative, committee agreed to advertise and open up the two training sessions after the clocks go back - 26 and 28 Oct with a possible club social chat and run on 27 Oct
8	Club management 1. Finance update - budget planning and review

	a. Charitable trust application update - the club has been successful in securing a charitable trust donation of £2,500 towards the fencing around the storage unit and for a shed to house the signs and bollards. LS/TM are working on other applications for items such as a branded tent, portable lighting, giveaways for TaSH organised fun runs b. Storage unit update and next steps - as reported previously, storage unit is in place. The more secure hinges and locks agreed at last meeting have been fitted. Next steps are for some free standing shelving and ordering the shed. c. Branded tent option - One option is a branded 2m x 2m branded tent which would be used for race events, community events and cross country. However, one consideration is that these are quite sturdy and therefore heavy to carry. Another option is to get a 3m x 3m custom printed tent for race events and community events and a separate lightweight branded tent (possibly inflatable) for cross country which would be much lighter and easier to put up. LC working on charitable trust applications and final decisions likely to depend on funds available. d. Other items for budget 2. Club tops/vests and races discussion - after comments posted on one of the club social media WhatsApp groups, the club discussed having a statement about wearing club kit on the website. This would encourage wearing club kit and giving examples of where it is mandatory. TAM shared some suggested wording and will follow up with sharing it via email following the meeting. 3. Committee roles discussion ahead of AGM - the following roles are coming to the end of a 6 year tenure in Nov 2026 and therefore the constitution states that the incumbents should stand down: Coach and Captain. The following roles are coming to the end of a 3 year tenure in Nov 2026 : Treasurer, GCM/Championship manager, Chair (Jan 2026). The committee agreed to discuss plans for future roles in the next meeting. 4. Policy updates (June action deferred to July) 5. Membership update - As of 9th June, we have had 227 people join, re-join, or are confirmed honorary life members. This includes: 206 Seniors, 5 Juniors, 8 2nd Claim Seniors, and 8 Life members. 52% female, 48% male.
9	New Matters Arising - no new matters
10	Date and time of next meeting - Wed 9th July 2026, 20:15 at Sowerby Sports Village pavilion

Item 8.5 Membership update

Completed Actions					
	Origin	Action	Owner	Target meeting	On track / complete
1.	10/12/25 Item 3	Discuss Martyn's Law requirements with Duncan for Sessay Village Hall	AW / A Docherty	Jan 2026	09/01/26 Advised as less than 400 participants do not have to formally comply- complete
2.	10/12/25 Item 4.1	To review option and interest in prevention and recovering from injury session	RGr	Jan 2026	Complete

4.	10/12/25 Item 4.3	Purchase contents for Safety Rucksack	PC	Jan 26	9/01/26 In progress Update from PC 11/02/26: just waiting for blanket and will purchase couple of dry bags to complete it. 11/03/2026: Update from PC awaiting last item 08 04 2026 -complete
5.	10/12/25 Item 4.3	Add column to coaches rota to bring safety rucksack	RGa	Feb 26	10/01/26 Complete
6.	10/12/25 Item 4.3	Need volunteer to explore options and costs for a TaSH branded tent		Later in year	Added to improvement plan for Apr
7.	10/12/25 Item 5.1	Once KAV presentation date known, plan celebration	RB / ASll	TBD	11 03 26 Possible date identified 08/04/26: 1st April at the track for presentation at 6pm followed by Easter Handicap. Sutton bank session moved to 30th March. Herriot Hospice and Community Works also invited for presentation complete
8.	10/12/25 Item 6.2	Review info from Easingwold on training and registration system for TaSH suitability 05/02/26 RGr reported Training and registration has been reviewed and isn't relevant for our use - it's focus is on separate groups out on different road loops, rather than our track based sessions.	RGr	Jan 26	05/02/26 Complete
9.	10/12/25 Item 6.4	Arranging joint sessions: Ripon: end of March, SBVC Easingwold: Spring?	 RB RGr	 Jan 26 Feb 26	Review and confirm in March meeting 05/02/26 Update from RGr Still reviewing with Easingwold 11/03/25 : Discussions with Easingwold paused as difficult to find joint date. RB will speak to Ripon after KAV celebrations 08 04 2026 RB to speak to Ripon 13 05 2026 Agreed as hosting Ripon at our HDSRL at Sutton Bank

					we do not need to progress this at this time Closed
10.	10/12/25 Item 6.5	Beginners Group: ask AB about running a 2026 group and timing. Discuss with coaches whether we need a cap on numbers 14. 01 .2026 RB discussed with AB who agreed. Committee recommend cap at 50 places and timing. Discuss with coaches whether we need a cap on numbers 14. 01 .2026 RB discussed with AB who agreed to run group. Committee recommend to cap at 50 places	RB	Jan 26	Complete Feb 2026
11.	10/12/25 Item 4.3	Ask LH to book training session at the athletics track in Middlesbrough, possibly timed for monthly TT	RB	Jan 2026	09/01/2026 - neither Middlesbrough or Darlington have availability
12.	10/12/25 Item 8	Explore if can add Trail running to what TaSH covers on the England Athletics site	NL	Jan 26	Complete Jan 2026
13	14/01/26 Item 4	Reply for request to sponsor race and confirm TaSH will sponsor a race and organise advert	TM	Feb 26	Confirm we will sponsor a race Complete Feb 2026
14	14/01/26 Item 6	Update training calendar to show outdoor training from March onwards 5/02/2025 BM confirmed completed	BM	Feb 26	Completed 05 02 2025
15	14/01/26 Item 6	Agree dates for Easter Handicap and March time trial	RB	Feb 26	Monday 30th March Stone to Whitehorse
16	14/01/26 Item 6	Confirm arrangements for film night with MD	TM	Jan 26	Complete Feb 2026
19	11/03/2026 Item 6.1	Beginners Group Ask Joe Joyce to make sign Design flyer Put flyer in T10 pack	 K-LW K-LW PC	ASAP	08/04/26: actions complete
21	11/03/2026 Item 8.4	Encouraging RO for T10 Ask for expressions of interest in the follow up to T10 and send to employees	TM	Apr 2026	08/04/26: action complete

25	08/04/2026 Item 7.6	Propose how funds will be raised for celebration bulbs.	RB/LS	May 2026	13 05 2026 Agreed any funds raised from virtual mountain race will support this Closed